

Content

Preface	4
Health promotion and health protection research	5
The impact of COVID-19 on Physical Activity of Czech children	6
Risk of Mobile Phone Addiction in Secondary School Pupils	31
The cognitive dimension among university students in the area of sexual and reproductive health with an emphasis on the issue of delayed/late pregnancy and parenthood	63
Movement and Health in virtual topics of pedagogy practice of Physical Education students at FSpS MU	76
Health promotion and health protection projects and programmes	88
Application of the brief intervention method in prevention of HIV/AIDS spread - 6 years of project implementation	89
Contributions of the School Settings to the Promotion of Health-enhancing Physical Activity – dissemination of the HEPAS project results in the context of the Czech curriculum changes	96
Education in health promotion and health protection – curriculum and/or didactics	111
Analysis of the projected curriculum of the educational field of Health Education	112
Prevention of self-destructive addictions	120
Health Promotion by Physical Activity in Relation to Body Composition	136
Remedial Physical Education in the Czech education system	148
Health and safety education in the context of social and curricular changes	158
Challenges and opportunities for health promotion in the school environment in the context of the COVID-19 pandemic	169